

2025 YMCA GYM COURT SCHEDULE : January 5 thru February 1

SUNDAYS 9am - 5pm		MONDAYS 5am - 9pm		TUESDAYS 5am - 9pm		WEDNESDAYS 5am - 9pm		THURSDAYS 5am - 9pm		FRIDAYS 5am - 8pm		SATURDAYS 7am - 6pm	
North West	North East	North West	North East	North West	North East	North West	North East	North West	North East	North West	North East	North West	North East
Open Pickleball 9:00am - 11:45am (2 courts available)		Breakfast Club Bootcamp w/ Christine 5:30-6:30am		HIIT the Ground Running w/ Christine 5:30-6:00am		BC Bootcamp w/ Christine 5:30-6:30am		HIIT w/ Karen 5:00 - 6:00am		BC Bootcamp w/ Christine 5:30-6:30am			
Noonball (18+) 12:00 - 2:00pm		Open Basketball 6:45 - 10:00am (Full court)		Open Basketball 6:15a - 12:00pm (1/2 court)	Open Pickleball 6:15 - 11:45am (1 court)	Open Basketball 6:45 - 10:00am (Full court)		Open Basketball 6:15a - 10:00am (Full court)		Open Basketball 6:45a - 12:00pm (1/2 court)	Open Pickleball 6:45 - 11:45am (1 court)		Open Pickleball 7am - 5:45pm (2 courts)
Open Basketball 2:00 - 4:45pm (Full court)		10:00-12:00pm (1/2 court)	Open Pickleball 10:00-11:45am (1 court)	Noonball (18+) 12:00 - 2:00pm		10:00-11:30am (1/2 court)	Open Pickleball 10:00-11:30am (1 court)	Open Pickleball 10:00 - 11:45am (2 courts)		Noonball (18+) 12:00 - 2:00pm			
		Open Basketball 2:00 - 4:30pm (Full court)		Open Basketball 12:00 - 2:30pm (Full court)		Home School Basketball Clinics 11:45am - 3:15pm		Open Basketball 12:00 - 2:30pm (Full court)		Open Basketball 2:00 - 4:30pm (Full court)			
		Y Kids 4:30-5:00pm		BCC Unified Champions Practice 2:45 - 4:30pm		3:15 - 4:30pm (Full court)		BCC Unified Champions Practice 2:45 - 4:30pm		Y Kids 4:30-5:00pm			
		Open Basketball 5:00 - 8:45pm (Full court)		Co-ed Volleyball League (B Division) 6:00 - 9:00pm		Y Kids 4:30-5:00pm		Co-ed Volleyball League (A Division) 6:00 - 9:00pm		Y Kids 4:30-5:00pm			
South West	South East	South West	South East	South West	South East	South West	South East	South West	South East	South West	South East	South West	South East
Open Basketball 9:00 - 12:00pm (Full court)		Open 5:00 - 7:00am (Full court)		Open 5:00 - 7:00am (Full court)		Open 5:00 - 7:00am (Full court)		Open 5:00 - 7:00am (Full court)		Open 5:00 - 7:00am (Full court)			
Noonball (18+) 12:00 - 2:00pm		Open Pickleball 7:00 - 11:45am (2 courts)		Open Pickleball 7:00 - 11:45am (2 courts)		Open Pickleball 7:00 - 11:45am (2 courts)		Open Pickleball 7:00 - 11:45am (2 courts)		Open Pickleball 7:00am - 11:45am (2 courts)			Open Basketball 7:00a - 5:45pm (Full court)
Open Basketball 2:00 - 4:45pm (Full court)		Noonball (18+) 12:00 - 2:00pm		Noonball (18+) 12:00 - 2:00pm		Noonball (18+) 12:00 - 2:00pm		Noonball (18+) 12:00 - 2:00pm		Noonball (18+) 12:00 - 2:00pm			
		Open Basketball 2:00 - 6:00pm (Full court)		Open Basketball 12:00 - 5:30pm (Full court)		Open Basketball 2:00 - 5:30pm (Full court)		Open Basketball 12:00 - 4:00pm (Full court)		Open Basketball 2:00-8:45pm			
		Men's Basketball League (B Division) 6:00 - 9:00pm		Men's Basketball League (35+ Division) 6:00 - 9:00pm		Men's Basketball League (A Division) 6:00 - 9:00pm		Hoopsters w/ Cat 4:30-6:30pm	4:00 - 6:30pm (1/2 court)	Open Basketball 6:30 - 8:45pm (Full court)			

Group Ex Classes
Sports Programs
YVL Practices & Games
Noonball / Open Basketball
Open Pickleball
YMCA After School Care

The YMCA reserves the right to make changes to this schedule.

Don't forget about the courts across the street at our Uptown Park!